

# SPACE 1



**Space 1 is a large, soft padded room on two levels, connected by stairs and a slide. It is an exciting flexible area with state-of-the-art lighting, environmental control and specialist equipment including:-**

- Bubble tubes
- Ball Pool
- Fibre optics hut with musical steps
- Vibration massage mattress
- Vestibular swing
- Textures and fluorescent items
- DVD projector creating huge scenes
- Water bed
- Projectors
- Musical steps and infinity mirrored hut
- Ultra violet light areas
- Interactive floor projector, Omi Vista(changes with client's movement)
- Resource boxes offering other sensory experiences
- Sound box in the mezzanine area
- Specialised switches to give choice and control

**The room is extremely flexible to meet many differing needs by use of an iPad control system. Carers can select a theme to take their clients to a tropical beach, a pop concert, or into space! Alternatively, carers can use one stimulus at a time to assess and develop the use of each sense within the sensory room. Once sensory preferences are established, this knowledge can be used to enhance the quality of people's lives at home and in the outside world.**

**Space 1 is particularly beneficial/useful for:-**

- Those who are very active and need an environment in which to move safely (both upstairs and downstairs areas have padded floors)
- Providing movement experiences that are not accessible in the real world (Please note: hoisting is available in the under-mezzanine area only, giving access to the water bed, ball pool, bubble tubes, swing and vibration mattress. Those who need hoisting cannot access the upstairs area)
- Increasing confidence and motivation to move and experience new stimuli
- Providing a world of multi-sensory stimulation
- Enabling sensory assessment in a distraction-free environment
- Encouraging relaxation in a calm and controlled atmosphere
- Developing cause and effect by use of switch work leading to improving life skills
- Encouraging communication skills and choice making
- Improving social and emotional skills
- Decreasing challenging or stereotypical behaviours
- Improving mental health and wellbeing

BOOKING IS ESSENTIAL – Please contact us to discuss your needs for a session

Tel: 01772 760 403 email: [thespacecentre@gmail.com](mailto:thespacecentre@gmail.com)

The Space Centre, 10 Pedders Lane, Ashton, Preston, PR2 2TH

[www.thespacecentre.org](http://www.thespacecentre.org)

**creative  
SUPPORT**